

Zohreh Hosseinzadeh

Curriculum Vitae

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Education

- 2014 - 2016 • **Master of General Psychology**
Imam Khomeini International University - Qazvin- Iran
GPA: 16.85 (out of 20)/3.74
Thesis: "The Mediating Role of Mother's mindfulness and family resilience on the relation between child behavior problems with autism spectrum disorder and mother's psychological well-being."
- 2009-2013 • **Bachelor of Counseling Psychology**
Tehran University - Tehran - Iran
GPA: 16.91 (out of 20)/3.64

Research Interests

- Developmental Psychology
- Children and parents
- Autism
- Mindfulness
- Schema therapy (ST)
- Cognitive behavioral therapy (CBT)
- Well-being
- Resilience

Skills

- **Statistical Software:** (Python, R, SPSS, Amos)
- **Qualitative research method:** Grounded theory
- **Clinical skills:** Cognitive Behavioral Therapy (CBT), mindfulness, stress Management, Schema therapy (ST), ABCs of Child Rearing,
- **Experience in working with children**
- **Interpret data**
- **Analytical skills**

Publications

Published papers :

- **Hosseinzadeh, Zohreh**, Masomeh Sayadi, and Nima Orazani. "The mediating role of mindfulness in the relationship between self-efficacy and early maladaptive schemas among university students." *Current Psychology* 40.12 (2019): 5888-5898. <https://link.springer.com/article/10.1007/s12144-019-00487-4>
- **Hosseinzadeh, Zoherh**, A. R. Kakavand, and Abdoljavad Ahmadi. "The mediating role of mother's mindfulness and family resilience on the relationship between behavior problems of children with autism and mothers' psychological well-being." *Psychology of Exceptional Individuals* 6.23 (2016): 151-78. https://jpe.atu.ac.ir/article_7371.html?lang=en (it is in Farsi)

Unpublished manuscripts:

Under revision:

- Sediqa Temori, **Zohreh Hosseinzadeh**, Athanasios Chasiotis, Stefan Bogaerts, Natacha Monestel (2024). Social support and ego strength moderate the effect of PTSD on victims of suicide attacks.

Served as a journal reviewer:

- Taylor & Francis, May 2024
- Springer Nature/ BMC, Feb 2023
- *Current Psychology*, July 2020

Conferences:

- Mahdiyeh Zare. Abdolahi.; **Hosseinzadeh, Zoherh** (2023). *Academic burnout and students' perceptions of teachers with students' academic engagement.: the mediating role of positive and negative academic emotions*, The first international conference of applied psychology, Zahedan, <https://civilica.com/doc/1885732>

- **1st International Conference on Applied Psychology**, 29th – 30th November 2023, University of Sistan and Baluchestan, Iran, (**oral presentation**)
- **12th Child and Adolescent Psychiatry Conference**, 16-19 May 2023, Esfahan University, Esfahan, Iran, (Conference attended)
- **Application of Neuropsychology in Research and Clinical Setting**, 20 June 2019, National Brain Mapping Lab, Tehran, Iran (Conference attended)
- **10th International Congress for Psychotherapy/Asian Chapter Family-based Psychotherapy**, 13-12 May 2018, Tehran University, Tehran, Iran (Conference attended)
- **National Conference of Theorizing, criticizing and Debating in the Humanities**, 5 February 2015, Shahid Beheshti University, Tehran, Iran (Conference attended)

Professional Experience

research assistance:

- ◆ Aug. 2022-Mar 2023: research project: divine forgiveness in human behavior/ Faculty of Psychology and Education, Tehran University, Tehran, Iran
- ◆ June. 2015 –Feb. 2017: research project: Comparison of episodic and semantic memory in memorizers and non-memorizers of the Holy Quran / manager and questioner (AVLT) test./ Faculty of Psychology and Education, Tehran University, Tehran, Iran
- ◆ July. 2011 –Oct. 2011: research project: investigating risk factors in bus drivers of Tehran to increase their working qualities /Interdisciplinary research: Tehran municipality, K.N.Toosi of Technology University, and Faculty of Psychology of Tehran University, Tehran, Iran

Teaching experience:

- ◆ Sep. 2020– Mar. 2021/**Lecturer**, Faculty of Psychology, Shahab Danesh University, Qom, Iran
Lecturer for the Educational psychology course
- ◆ Apr. 2019-Aug 2019/**kindergarten teacher**, Aftab kindergarten, Tehran, Iran
Kindergarten teacher of 6 years old children

Clinical experience :

- ◆ Aug 2024- present: **crisis counseling**, in iran crisisline
- ◆ May. 2023-Aug 2023: **academic counselor**, Derakhshan Counseling Center, Tehran, Iran
 - provides personal and professional advice for students on their studies and career paths
- ◆ Apr. 2023- May 2023: **Psychologist**, Jahad Daneshgah, Tehran, Iran
- ◆ Feb. 2023- Mar 2023: **Child Psychologist**, Tileh group/ Mastsneh clinic, Tehran, Iran
 - Teaching mindfulness and critical thinking to 4-6 Children
- ◆ Jan. 2017 –Aug. 2018: **Child Psychologist**, Avaya Baran toy company, Tehran, Iran
 - Lecturer in parent education workshops
 - Child coach in child education workshop
- ◆ Mar. 2017 –Aug. 2018: **Psychologist**, Moshaveran, Tehran, Iran
 - Telephone counselor

Honors and Awards

- Full tuition waiver scholarship: Tehran University(the best university in Iran).(2009-2013).
- Awarded silver and bronze medals in the National Iranian Oil Company swimming championships.

Certificates

2021	Grounded theory (qualitative research method) , Allameh Tabataba'i University
2018	Cognitive Behavioral Therapy (CBT) , Tehran University
2017	Life Skills Coaching , Tehran University
2015	Statistical Software (SPSS) , Allameh Tabataba'i University
2015	Stress Management , Allameh Tabataba'i University

2020	Positive Psychology: Resilience Skills , University of Pennsylvania
2020	Mindshift: Break Through Obstacles to Learning and Discover Your Hidden Potential , McMaster University
2022	Managing ADHD, Autism, Learning Disabilities, and Concussion in School , University of Colorado
2022	Everyday Parenting: The ABCs of Child Rearing , Yale University
2022	Fundamental Neuroscience for Neuroimaging , Johns Hopkins University
2023	Understanding Clinical Research: Behind the Statistics , University of Cape Town
2023	Getting Started with SAS Programming , offered by SAS
2023	Emotional Intelligence: Cultivating Immensely Human Interactions , University of Michigan
2023	Mindfulness and Well-being: Living with Balance and Ease , Rice University

Professional Memberships

- International member of the American Psychological Association (APA). (2022-2023)
- Member of psychology and counseling organization of I.R.Iran (since Jan 2018)
- The administrator of counseling student union In the department of counseling; the Faculty of Psychology and Educational Tehran University, Tehran, Iran (2012 – 2013)

Volunteer Work

- ☼ Trainer of children with cancer, Mahak Charity and Hospital, Iran, Tehran, 2019 – Present
- ☼ International Student Supporter, University of Tehran University of Tehran, Iran, 2018 - 2020
- ☼ Crisis counseling, in iran-crisisline, Aug 2024- present

Language Skills and Test Scores

English: Academic IELTS 7(L6.5, R7.5, W6, S7)

References

Dr. Bagher Ghobari Banab, Full Professor

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DR Samira Ahangari, Lecturer

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