

Shahab Yousefi

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Education

2023 -

Iran University of Medical Sciences – *Phd's Degree*

- Clinical Psychology, GPA: 18.20/20

2019 - 2022

Iran University of Medical Sciences – *Master's Degree*

- Clinical Psychology, GPA: 18.70/20
- Thesis: The role of rumination and emotion regulation difficulties in the relationship between insecure attachment and prolonged grief.

2015 - 2019

University of Kashan – *Bachelor's Degree*

- Psychology, GPA: 17.65/20
- Thesis: The mediating role of defense mechanisms in the relationship between attachment styles and love trauma syndrome.

Publications

- Ashouri A, **Yousefi S**, Prigerson HG. Psychometric properties of the PG-13-R scale to assess prolonged grief disorder among bereaved Iranian adults. *Palliative and Supportive Care*. 2024;22(1):174-181. <https://doi:10.1017/S1478951523000202>
- Ashouri, A., **Yousefi, S.**, Abdoli, F., Nasirimoghadam, A., & Aliyaki, H. (2024). Psychometric Properties of the Persian Version of Utrecht Grief Rumination Scale. *OMEGA - Journal of Death and Dying*, 0(0). <https://doi.org/10.1177/00302228241286923>
- **Yousefi, S.**, Mayeli, P., & Ashouri, A. (2024). Psychometric Properties of the Persian Version of the Inventory of Complicated Grief. *OMEGA - Journal of Death and Dying*, 90(1), 302-317. <https://doi.org/10.1177/00302228221102687>
- Nasri, E. ., **Yousefi, S.**, Mayeli , P., & Ashouri , A. (2023). Psychometric properties of the Persian version of the pandemic grief scale. *Bereavement*, 2. <https://doi.org/10.54210/bj.2023.1087>
- **Yousefi, S.**, & Jafari, A. (2023). Psychometric properties of the Persian version of the Grief Impairment Scale. *Death Studies*, 48(9), 879–885. <https://doi.org/10.1080/07481187.2023.2285932>
- Aliyaki, H., Momeni, F., Dolatshahi, B., Hosseinzadeh, S., **Yousefi, S.**, & Abdoli, F. (2024). Mourning in the time of coronavirus: Examining how grief differs in those who lost loved ones to COVID-19 vs. natural causes in Iran. *Palliative and Supportive Care*, 22(4), 801–810. <https://doi:10.1017/S1478951524000348>

- **Yousefi, S., & Ashouri, A.** (2023). The Role of Emotion Regulation Difficulties and Intrusive and Deliberate Rumination in the Association Between Insecure Attachment and Prolonged Grief. *OMEGA - Journal of Death and Dying*, 0(0). <https://doi.org/10.1177/00302228231189539>
- **Yousefi, S., & Abdoli, F.** (2024). Assessing the Persian International Trauma Questionnaire: A psychometric study. *European Journal of Trauma & Dissociation*, 8(2), 100404.
- **Yousefi, S., & Mayeli, P.** (2023). Psychometric properties of the Persian Version of the International Depression Questionnaire (IDQ) and the International Anxiety Questionnaire (IAQ) in students of Tehran Medical Sciences Universities. *Journal of Mazandaran University of Medical Sciences*, 33(2), 232-246.

Research Interests

- Grief
- Prolonged Grief Disorder
- Bereavement
- Traumatic Loss

Awards & Honors

- Received a research scholarship to conduct a study on the prevalence of prolonged grief in Iranian adult population, Ministry of Health and Medical Education, 2022
- Ranked first among the graduate cohort, 2021
- Won the award of the best student scientific association of the country as the president of the student psychological association of University of Kashan, 2018
- The 2nd-Ranked Student in the Iranian University Entrance Exam for PhD in Clinical Psychology (Ministry of Health, Treatment, and Medical Education)
- The 4th-Ranked Student in the Iranian University Entrance Exam for Master's Degree in Clinical Psychology (Ministry of Health, Treatment, and Medical Education)
- Ranked among the top 1% of the participants of the National University Entrance Exam, 2015

Work & Teaching Experience

- **Psychoanalytic Psychotherapist Private Practice (In-Person and Online)** 2021- Present
- **Psychologist**, Iran Psychiatric Hospital, 2021- 2022
- **Psychoanalytic Psychotherapist**, Tehran Institute of Psychiatry, 2020- Present
- **Psychotherapist (Online)**, Iran University of Medical Sciences Counseling Center, 2024- Present
- **Psychology Instructor** (for the courses of general psychology and social psychology), Iran University of Medical Sciences, 2022- Present
- **Psychologist**, Rasoul Akram Hospital, 2021- 2022

Workshops & Courses

- Reading Freud Program – Dr. Hossein Mojtahedi
- Reading Neurosis Program – Dr. José Valls
- Dream Interpretation Program– Siavoushan Psychology Center
- Object Relations Training Program – Dr. Mahmoud Deghani
- Comprehensive Training in Transference-Focused Psychotherapy – Dr. Farzin Rezaei
- Comprehensive Training in Transference-Focused Psychotherapy – Dr. Homa Mohammadsadeghi
- Introductory Psychoanalytic Psychotherapy Program – Iranian Psychotherapy Association
- Intermediate Psychoanalytic Psychotherapy Program – Iranian Psychotherapy Association
- Workshop on crisis intervention – Dr. Atef Vahid
- Workshop on life skills instruction – Dr. Atef Vahid

Volunteer Activities

- Volunteer member of the Society of Students Against Poverty (Imam Ali Society), Teaching life skills and sports to deprived children, providing interventions to prevent addiction in children, adolescents, and women, Supervising in-need families

References

- Ahmad Ashouri, Assistant Professor, Iran University of Medical Sciences, Email: ahmad.ashouri@gmail.com
- Asghar Jafari, Associate Professor, University of Kashan, Email: a.jafari@kashanu.ac.ir